

S.P.H.E. Department Belvedere College S.J.



Poetry Scheme of Work (6 lessons)

2019-2020

THEME	LEARNING INTENTIONS	RESOURCES	TEACHING METHODOLOGIES	WELLBEING
Sexual Health				
Lesson 1 – Human Reproduction	<ul style="list-style-type: none"> To enhance students' awareness of the human reproductive system and to enhance their understanding of human fertility. Student will revise the human reproductive 	<ul style="list-style-type: none"> RSE Resource Materials for Senor Cycle (Lesson 6) TRUST module lesson 14 TRUST DVD (Human Reproduction and Fertility) 	<ul style="list-style-type: none"> Watching TRUST DVD Learning key terms for the male and female genitals Fertility quiz Completion of diagrams on male and female reproductive systems. 	<ul style="list-style-type: none"> <u>Wellbeing Indicator (Respected)</u> – <i>'Do I show care and respect for others?'</i>

	<p>system and understand how conception takes place.</p> <ul style="list-style-type: none"> • Students will understand male and female fertility. 	<ul style="list-style-type: none"> • SPHE Resources on Common Server 	<ul style="list-style-type: none"> • Studying of handout on the female reproductive system. 	
<p>Lesson 2 – Consent</p>	<ul style="list-style-type: none"> • Students will know that in Ireland the age of Consent is 17. • Students will be aware that laws exist in this country to protect them in this regard • Students will understand the different ways the law treats boys and girls regarding consent. • Students will have an understanding of what constitutes consent in a variety of circumstances. • Students will understand the importance of having their personal 	<ul style="list-style-type: none"> • B4udecide consent quiz • TRUST module (Talking relationships understanding sexuality teaching resource.) • Youtube clip on consent • Case studies on consent 	<ul style="list-style-type: none"> • Brainstorming • Discussion • Pair work • Youtube video • Review of case studies 	<ul style="list-style-type: none"> • <u>Wellbeing Indicator (Responsible)</u> – <i>‘Do I take action to protect and promote my wellbeing and that of others?’</i> • <u>Wellbeing Indicator (Responsible)</u> – <i>Do I know where my safety is at risk and do I make right choices?</i> • <u>Wellbeing Indicator (Connected)</u>– <i>‘Do I appreciate that my action and interactions impact on my own wellbeing and that of others, in local and global contexts?’</i> • <u>Wellbeing Indicator (Respected)</u> – <i>‘Do I believe that I am listened to and valued?’</i> • <u>Wellbeing Indicator (Respected)</u> – <i>‘Do I show care and respect for others?’</i>

	boundaries respected and respecting those of others.			<ul style="list-style-type: none"> • <u>Wellbeing Indicator (Aware)</u> - <i>'Am I aware of my thoughts, feelings and behaviours and can I make sense of them?'</i> • <u>Wellbeing Indicator (Aware)</u> – <i>'Am I aware of what my personal values are and do I think through my decisions?'</i> • Students will have a raised awareness of the rights and responsibilities regarding the issue of consent and will thereby be better equipped to protect their wellbeing. • Students will have a better understanding of their rights and responsibilities legally in Ireland regarding consent.
Lesson 3 and 4: Contraception	<ul style="list-style-type: none"> • Students will be aware of the range of methods of contraception currently available. • Students will be able to differentiate between hormonal, barrier and other methods of contraception. 	<ul style="list-style-type: none"> • TRUST module (Talking relationships understanding sexuality teaching resource.) Lessons 16, 17. • Trust DVD • Contraception.ie 	<ul style="list-style-type: none"> • Watching DVD • Brainstorming • Discussion • Pair work • Review of case studies • Study of methods, responsibility, efficacy, effects, risks associated with the use of varying methods of contraception 	<ul style="list-style-type: none"> • <u>Wellbeing Indicator (Responsible)</u> – <i>'Do I take action to protect and promote my wellbeing and that of others?'</i> • <u>Wellbeing Indicator (Responsible)</u> – <i>Do I know where my safety is at risk and do I make right choices?'</i> • <u>Wellbeing Indicator (Connected)</u>– <i>'Do I appreciate that my action</i>

	<ul style="list-style-type: none"> • Students will have an appreciation of the difficulties that couples might experience in discussing contraceptive issues. • Students will have explored gender stereotyping in relation to responsibility for contraception. 	<ul style="list-style-type: none"> • Common resources on SPHE TEAMS. • HSE.ie 	<p>through website and information sheets.</p>	<p><i>and interactions impact on my own wellbeing and that of others, in local and global contexts?</i></p> <ul style="list-style-type: none"> • <u>Wellbeing Indicator (Respected)</u> – <i>‘Do I show care and respect for others?’</i> • <u>Wellbeing Indicator (Aware)</u> – <i>‘Am I aware of what my personal values are and do I think through my decisions?’</i> • To increase students’ awareness of the range of available contraceptive methods and to explore communications about contraceptive use in the context of an intimate relationship • Students will be better equipped to protect their wellbeing both physically and emotionally regarding the appropriate use of contraception.
<p>Lessons 5 and 6: STI’s</p>	<ul style="list-style-type: none"> • Students will know more about the various categories of STI’S 	<ul style="list-style-type: none"> • Saint James’ website • Contraception.ie • HSE.ie 	<ul style="list-style-type: none"> • Watching DVD • Discussion • Personal reflection using worksheets • Pair work 	<ul style="list-style-type: none"> • <u>Wellbeing Indicator (Responsible)</u> – <i>‘Do I take action to protect and promote my wellbeing and that of others?’</i>

	<ul style="list-style-type: none"> Students will know the causes, transmission routes and treatments of a range of STI'S Students will understand some of the barriers of people accessing STI services. 	<ul style="list-style-type: none"> TRUST module (Talking relationships understanding sexuality teaching resource.) Lessons 19, 20 Common SPHE resources in SPHE TEAMS B4udecide.ie B4udecide quiz TRUST DVD 	<ul style="list-style-type: none"> Brainstorming STI quiz Study of symptoms, diagnosis, treatment, effects and risk reduction of STI'S through website and information sheets. Review of case studies 	<ul style="list-style-type: none"> <u>Wellbeing Indicator (Responsible)</u> – <i>Do I know where my safety is at risk and do I make right choices?</i> <u>Wellbeing Indicator (Connected)</u>– <i>Do I appreciate that my action and interactions impact on my own wellbeing and that of others, in local and global contexts?</i> <u>Wellbeing Indicator (Resilient)</u> – <i>Do I know where I can go for help?</i> <u>Wellbeing Indicator (Respected)</u> – <i>Do I show care and respect for others?</i> <u>Wellbeing Indicator (Aware)</u> – <i>Am I aware of what my personal values are and do I think through my decisions?</i> To enable students to have an awareness of various sexually transmitted infections in order to inform their decision making regarding sexual activity and thereby protect their wellbeing.
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