

Rhetoric R.E. Life Choices Module 1

Time: Sept-Dec

Life Choices –Curriculum Outline

Rhetoric R.E.

Duration: 14 weeks

Class Allocation: Three class periods per week.

Teachers: Ger Murray

Claire Broderick

Aisling Bridgeman

Shane Moloney

Role of the teachers is one of facilitation.

Different teachers will introduce key themes and topics, lead various areas of interest and expertise.

All teachers are involved in facilitating small groups, leading discussion, probing questions.

Area of Study: Moral, Social, Spiritual and Personal Development



Aims:

- **To provide information about areas of Addition, Mental Health, Faith, Morality, Personal Development and Relationship and Sexuality Education.**
- **To allow students to reflect upon and respond to the issues of Addiction, Mental Health, Faith, Morality, Personal Development and Relationship and Sexuality Education in their lives.**
- **To provide students with the opportunity to identify challenges they may face in life and the knowledge of where to get help.**
- **To allow student to explore the challenges of life in modern society and to identify the type of man they wish to be.**
 - **To allow students the experience of reflecting and sharing in small group settings.**
- **To provide students with an opportunity to experience the practice of meditation and prayer and enable them to explore its benefits and fruits in their lives.**

THEME	LEARNING INTENTIONS	RESOURCES	TEACHING METHODOLOGIES	WELLBEING
<p>Week 1: Alcohol Addiction A.A.</p> <p>3 class periods</p>	<ul style="list-style-type: none"> Students will reflect upon the effects of alcohol & substance addiction and identify supports available 	<ul style="list-style-type: none"> Speakers from A.A. A.A. website 	<p>Presentation Plenary session. Q&A session</p>	<p>Where to do get information on this topic. How to find you where A.A. meetings take place</p>
<p>Week 2: Faith</p> <p>3 class periods</p>	<ul style="list-style-type: none"> Students will explore the concept of faith. Students will reflect upon what it means to be “a person of faith”. 	<p>Small Group Discussion</p> <p>Reflection</p>	<p>Higher Order questioning</p> <p>Reflection</p>	<p>An opportunity to experience the practice of prayer and to explore its benefits in their lives</p>
<p>Week 3 R.S.E.</p>	<p>Human Trafficking & the Sex Industry</p> <p>Students will explore the realities of the sex industry in Ireland.</p> <p>Students will identify connections between pornography and prostitution.</p>	<p>Ruhama website</p> <p>U.N. anti trafficking campaign.</p>	<p>Small group discussion Presentations and clips from Ruhama and APT.</p> <p>Large group plenary.</p>	<p>Emotional impact on sexual behavior.</p>

<p>Week 4 & 5:</p> <p>Consent</p>	<p>Students will identify the 2017 law about consent.</p> <p>Student will explore scenarios in which consent is required.</p> <p>Students will explore the influence of alcohol and consent.</p> <p>Students will identify influence on behaviours.</p>	<p>UCG Young People, Alcohol and consent.</p> <p>UCG Consent Workshop Resources</p> <p>Extract from "Asking For It".</p>	<p>Small groups discussion on scenarios.</p> <p>Plenary session</p>	<p>Emotional impact on sexual behavior.</p>
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<p>Week 6:</p> <p>Consent and the Law.</p> <p>Rape and Abuse</p>	<p>Student will further explore the issues of consent and the law. Their knowledge will be further deepened by the presentation from the Dublin Rape Crisis Centre.</p> <p>Students will identify how to protect themselves and others through advice, helplines, SATU etc.</p>	<p>Dublin Rape Crisis Centre</p>	<p>Plenary Session</p>	<p>Protection and Safety</p>
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<p>Week 7 Sexual Health</p> <p>11:00-11:40</p> <p>Retreat meeting</p>	<p>Students will identify how to maintain a physical and emotionally health life.</p> <p>Students will explore different types of contraception and symptoms of STI's. Student will identify how to gain access to treatments to maintain their sexual health.</p>	<p>St. James Clinic</p> <p>www.thinkcontraception.ie</p>	<p>Protecting sexual health</p>	<p>Health Sexual Health Emotional wellbeing Self Care</p>
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<p>Week 8</p> <p>Substance Abuse N.A.</p>	<ul style="list-style-type: none"> Students will reflect upon the effects of substance addiction and identify supports available. 	<p>Guest Speakers</p> <p>N.A.</p> <p>www.narcoticanonymous.ie</p>	<p>Question sheet Reflections Plenary Session</p>	<p>Personal Safety</p>
<p>Week 9</p> <p>R.S.E. Healthy Relationships</p>	<p>Students will explore healthy relationships and the concepts of fulfilment and love in a relationship.</p> <p>Negative influences on self image</p>	<p>Trust module</p>	<p>Small groups Discussion</p>	<p>Healthy Relationships Self care</p>

<p>Week 10 LGBT Education & Gender Identity</p>	<p>Students will explore diversity in sexuality, gender and society.</p>	<p>Reference to Stand Up Week Trust Module lesson plans and handouts.</p>		<p>Respect Self care</p>
<p>Week 11 Justice and Morality</p> <p>Week 12 Advent Social Justice Prayer/Meditation</p> <p>Week 13</p>	<p>Students will explore our response to justice/ injustice in Ireland and the wider world.</p> <p>Students will have the opportunity to volunteer for Temple Street bagpacking to raise funds</p> <p>Overview of Life Choices Module</p>	<p>Fr Peter McVerry And John Lonergan</p> <p>John from Temple Street</p> <p>Plenary Session</p>		<p>Respect Empathy Response to Justice</p> <p>Community Respect</p>

<p>Week 12</p> <p>Mental Health.</p> <p>Moving forward with framework for the future</p>	<p>Students will explore how to manage and protect their mental health.</p> <p>Students will identify their trigger factors when struggling.</p>	<p>Niall Behan Past Pupil and DCU graduate.</p> <p>Niall explore the challenges of moving from secondary school into 3rd level.</p> <p>Getting men to talk-opening discussions</p>	<p>Discussion:</p> <p>What gives you energy?</p> <p>Who supports you?</p> <p>What hinders your energy?</p> <p>What triggers can you identify when things are getting on top of you?</p>	<p>Health</p> <p>Self care</p>
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